



## **About Our Practice**

- Dr. Robert T. Lalor, otherwise known as “Doc,” began his practice 45 years ago in Apalachin, NY
- Lalor Creekside Dental moved to its current location on the Vestal Parkway in 2003
- The state-of-the-art dental facility has an in-house dental lab, computers and televisions in each operatory, digital x-rays and over 30 team members
- Services available to patients include:
  - General dentistry (cleanings, fillings, extractions)
  - Orthodontics and Invisalign
  - Cosmetic dentistry
  - Teeth whitening
  - Placing and restoring of implants
  - Sedation dentistry
  - Same day and emergency service

### **Our Mission**

“Our mission is to provide superior routine and emergency dental care to all patients in a comfortable, considerate and supportive environment. Our doctors and staff will work with integrity to accommodate our patient’s needs and eliminate their fears by establishing individual relationships based on respect and understanding.”

### **Dentistry From the Heart**

In September 2009 Lalor Creekside Dental hosted its first Dentistry From the Heart event. In one day, doctors and hygeinists provided free cleanings, fillings and extractions to over 100 people. Lalor Creekside Dental believes it is important to give back to the community which has supported its business for so many years. Dental care is a necessary, and sometimes overlooked, part of staying healthy. The practice is committed to providing that care for both children and adults. There are currently plans for another Dentistry From the Heart event in the spring of 2010.



## **Why Sedation Dentistry?**

- Sedation can be used for all dental procedures, even cleanings
- Eliminates fear and anxiety
- The patient has little or no memory of treatment
- Allows people who are afraid, can't stand "dental sounds," have problems with a gag reflex or have trouble getting numb to be comfortable while at the dentist
- In one appointment, sedation can make up for years of oral hygiene neglect
- Sedation is a safe way to provide dental treatment

Dr. Bob and the staff know that some people may have not been to the dentist in a while because of a negative prior experience. Lalor Creekside Dental works to make an office visit a positive experience so patients will continue to seek care for their smiles and maintain good oral health.

## **How Does the Process Work?**

- Most adults, but not all, are candidates for sedation dentistry
- Patients begin with a consultation in which they answer questions, meet the doctor and team and review their medical history
- If the patient is a candidate for sedation an examination will follow which includes photos, X-Rays and discussing and prioritizing their dental needs with the doctor
- Patients will be given a detailed explanation of the procedure and treatment they will receive, and their needs will be finalized
- Next, the patient will meet with a patient advocate to set up an appointment for the sedation visit and make financial arrangements
- There is usually little or no memory of the sedation visit
- Lalor Creekside Dental follows up with patients and provides post-operative care
- A program is created for the patient in order to maintain a high level of dental health; this program is individually tailored to the patient's needs

Special attention to initial patient concerns and pre-operative preparation make sedation dentistry a safe and convenient way to visit the dentist.



## Our Doctors

- **Dr. Robert T. Lalor**

Dr. Lalor, known as Doc, was raised in the Bronx. He graduated from Columbia University in 1961 with a degree of Doctor of Dental Surgery. In the early 1960's, Doc and his wife spent 3 years in New Mexico providing dentistry to Navajo Indians before moving to the Binghamton area. He opened his own practice in Apalachin, NY and stayed there for 39 years until the new facility was completed in 2003.

- **Dr. Robert A. Lalor**

Dr. Bob Lalor (Doc's son), graduated from The University of Buffalo with a degree of Doctor of Dental Surgery in 2000. He completed his residency at Nassau University Medical Center and joined his father's practice in 2001. Dr. Bob was awarded Fellowship in the Academy of General Dentistry in 2006.

- **Dr. Mary John**

Dr. John (Dr. Bob's wife) was born in Kerala, India and spent most of her childhood in Nigeria, Africa. She graduated from the University of Buffalo with a degree of Doctor of Dental Surgery in 2000 and did her residency at Nassau University Medical Center where she stayed as Chief Resident. Dr. John joined her husband at Lalor Creekside Dental in 2006.

- **Dr. Bryant Lambert**

Dr. Lambert joined the practice in January 2009. A native to the area, he currently lives in Horseheads, NY. In 1999, Dr. Lambert earned his D.D.S from the State University of New York School of Dental Medicine at Buffalo. He completed his General Practice Residency at the Medical College of Georgia.





## Cosmetic Dentistry Offered

- **Teeth Whitening/Bleaching**

Patients can improve their smiles by simply whitening their teeth. A single whitening procedure can counteract years of exposure to coffee, tea, red wine, cola and smoking.

- **Porcelain Veneers**

Porcelain veneers can change the shape, color and length of teeth. These are ideal for patients with discolored or crooked teeth, teeth with space between them or teeth stained by fillings. Veneers are thin, durable shells designed to cover the front of the tooth. They are typically made of porcelain and are extremely durable, stain resistant, natural-looking and easy to maintain.

- **Crowns**

A crown essentially covers a tooth to restore it to its natural shape and size. It is a permanent covering that fits over the original tooth to strengthen or improve the appearance of the tooth. A patient may need a crown to restore a tooth when it is unable to support a large filling, to attach bridges, to protect a weak tooth from fracturing or to cover badly shaped or discolored teeth.

- **Cosmetic Bonding**

When veneers or crowns are not necessary, cosmetic bonding is an affordable, quick and painless way to repair many cosmetic flaws or injuries. Cosmetic bonding will fix gaps in teeth, spots or stains and chipped teeth. This technique bonds a composite material that looks, act and feels like the real thing, to an existing tooth. This procedure is relatively quick, gives an immediate result and is less expensive than veneers.

- **Implants**

Dental implants are “anchors” that permanently support replacement teeth. The procedure requires a titanium root to be fitted into the patient’s jaw to replace the lost tooth’s root. After the implant heals, a replacement tooth is placed onto it.

- **White Composite Fillings**

Until recently, dentists used a silver and mercury amalgam to fill and seal cavities. Because a larger amount of the original tooth must be removed, these types of fillings often weaken teeth. Recent innovations now allow us to replace old silver fillings with composite or porcelain fillings that are stronger, safer and more natural looking.