

Definitions

Probing

The process of assessing the health of the bones supporting the teeth using a small probe-like instrument in various spots around each tooth. Probing should range from 1-3.

Prevention Cleaning (Prophylaxis)

A cleaning performed on teeth that are supported by healthy bone and healthy gum tissue.

Full Mouth Debridement

A cleaning performed on teeth covered by heavy tartar deposits which obstructs the probing process. Removal of such deposits allows for proper assessment of the health of the bone and gums around the teeth. This type of cleaning is normally followed by additional treatments.

Deep Therapeutic Cleaning (Scaling and Root Planing)

A cleaning performed on teeth whose supporting bone has begun to be destroyed by accumulation of deposits and bacterial infection.

Maintenance Cleaning (Periodontal Maintenance)

Cleanings done on a regular basis following scaling and root planing or full mouth debridement.

Localized Antibiotic Therapy

Arestin is a time-released antibiotic that fights the bacteria that causes periodontal disease. When placed in conjunction with the Deep Cleaning, healing is improved. Used for localized areas.

Home Care Recommendations

Prescription Strength Mouthrinses

- Tooth and Gum Tonic
- Perio Med Stannous Flouride
- Chlorhexidine (Periodex)

Home Care Aids

- Sonicare Toothbrush
- Oral B Power Brush
- Rubber Tip
- Stimudent
- Floss
- Water Pik

Other Recommendations

LALOR CREEKSIDE DENTAL

*Hygiene Services
What We Do and Why*



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Introduction

We have discovered over the years that the main dental concern of most of our patients is dental decay or cavities.

Here at Lalor Creekside Dental we take great pride in accurately diagnosing, carefully and comfortably removing decay, and giving our patients smiles they can be proud of.

Decay is not our only concern. We also know that teeth need a strong foundation of healthy gum tissue and bone. Without this support, teeth can be lost. Infection of the gums and bone is called Periodontal Disease. Studies show that one in three adults has some form of Periodontal Disease.

The latest reasearch has also shown that with Periodontal Disease there is a higher risk of:

- Heart Disease
- Stroke
- Pre-term, low birth weight babies
- Diabetes Complications

As with decay, our goal with Peridontal Disease is to diagnose and treat as early as possible. We hope that this brochure will help you understand your periodontal status, and risk level, as well as treatment that is recommended for you.

Levels of Disease

0 HEALTHY
No bleeding while probing
Probe readings 3mm or less
No bone loss evident on x-ray

1 GINGIVITIS
Bleeding while probing
Probe readings 4mm or less
No bone loss evident on x-ray

2 EARLY PERIODONTITIS
Bleeding while probing
Probe readings 4-5mm
Slight bone loss evident on x-ray

3 MODERATE PERIODONTITIS
Probe readings 5-7mm
Moderate bone loss evident on x-ray
Tooth may be mobile or loose

4 SEVERE PERIODONTITIS
Probe readings 7mm or more
Severe bone loss evident on x-ray
Tooth mobile or loose

Risk Level: Low Moderate High

Treatment Recommendations

0 - Preventive Cleaning and Flouride every 6 months

1 - Therapeutic Cleaning
- Re-evaluation and follow up cleaning
- Anti-microbial mouth rinse
- Preventive Cleaning every 6 months

2 - 4

- Full Mouth Debridement
- Deep Therapeutic Cleaning
- Localized
 - Upper Right - Upper Left
 - Lower Right - Lower Left
- Generalized
- Anti-microbial Mouth Rinse
- Local Antibiotic Placements
- Electric Toothbrush
- Maintenance Cleanings every 3-4 months
- If periodontal condition does not resolve after Treatment, referral to periodontal specialist may be recommended.